

Book

What we Don't Talk about When we Talk about Fat

Aubrey Gordon

<https://storestock.massybooks.com/item/VdT28uSLKvZeLbeRYoJQCw>

Book

You just need to lose weight and 19 other myths about fat people

Aubrey Gordon

<https://storestock.massybooks.com/item/VdT28uSLKvaZJYOYu2G5Yg>

Book

Fearing the Black Body: The Racial Origins of Fatphobia

Sabrina Strings

<https://nyupress.org/9781479886753/fearing-the-black-body/>

Book

Shrill: Notes from a Loud Woman

Lindy West

<https://storestock.massybooks.com/item/oR7uwsLR1XvlzpUTncnkxw>

Book

Belly of the Beast

Da'Shaun Harrison

<https://storestock.massybooks.com/item/Dh7d12j5Brk94mlou07ksQ>

Book

The Body is Not An Apology

Sonya Renee Taylor

https://storestock.massybooks.com/item/tjoby-WikgIM_uQhMjJNDw

There is an additional work book you can purchase with the book itself.

Book

Unshrinking: How to Face Fatphobia Kate Manne

https://storestock.massybooks.com/item/wCIDqQu6pg_ZsENUuwX6dA

Book

Happy Fat: Taking up Space in a World that wants to shrink you

Sofie Hagen

https://storestock.massybooks.com/item/rmMoM3-S4VaLhbQY4Y_TBg

Book

Fattily Ever After: A Black Girls Guide to Living Life Unapologetically

Stephanie Yeboah

<https://bookoutlet.ca/products/9781784883447B/fattily-ever-after-a-black-fat-girls-guide-to-living-life-unapologetically>

Book

Fat off Fat on: A Big Bitch Manifesto

Clarkisha Kent

<https://storestock.massybooks.com/item/SDumxb94b1sb-FqbOc5v3A>

Book

Fat Talk: Parenting in the Age of Diet Culture

Virginia Sole-Smith

https://storestock.massybooks.com/item/3Czr8TaWU9_Ckq5_o5tz4g

Podcast

Maintenance Phase

Aubrey Gordon & Michael Hobbs

<https://open.spotify.com/show/3rDR8CfplEMpITG2UC3w5W?si=c92a77a75658420e>

Debunking the junk science behind health fads, wellness scams and nonsensical nutrition advice.

Podcast

Fatten

Layla Cameron

<https://open.spotify.com/episode/6myQWqtlUMBsUy9DWZUZfM?si=93e40ec099e64cbd>

Created by Fat Joke collaboartor, Layla Cameron.

We specifically want to highlight the episode "How We Celebrate" with Alexa Fraser and Mx Bukuru of Juicy Gems who hosted our Divine Figures event.

Podcast

Finding Our Way

Prentis Hemphill

<https://open.spotify.com/episode/6Kdh8EqNzPNb7RbdEvOEXd?si=612164eecd7549a5>

Prentis Hemphill interviews Sonya Renee Taylor discussing the body.